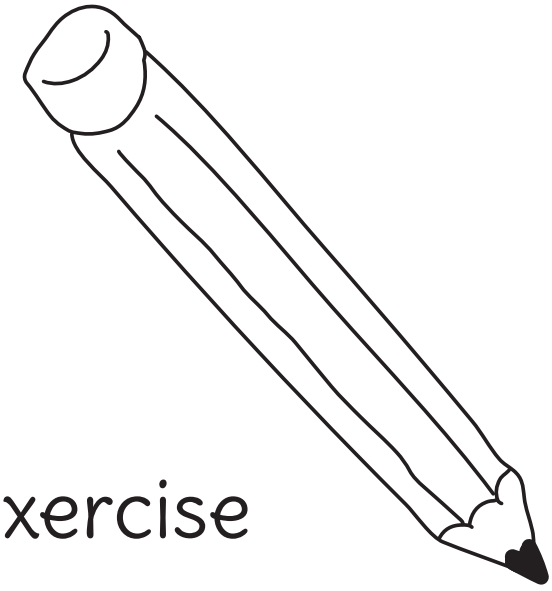
Caring for the Body

On a piece of paper draw and colour:



- Your bed
- Favourite way to exercise
- Favourite food
- Favourite way to rest