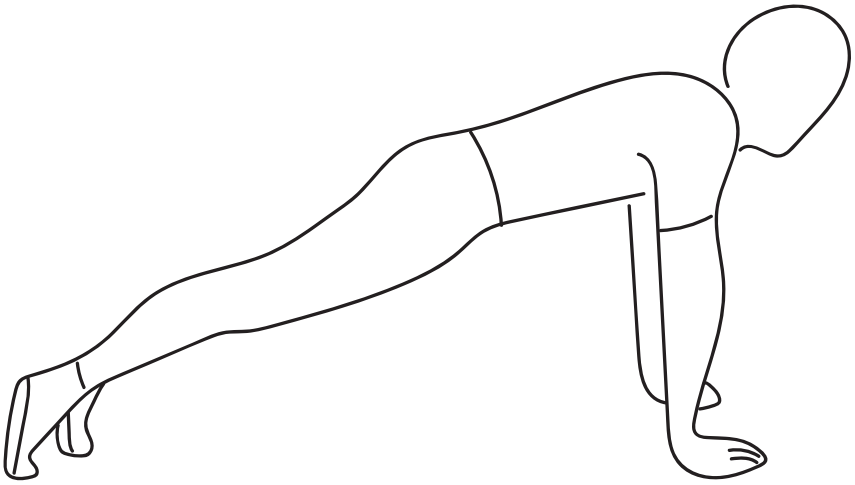
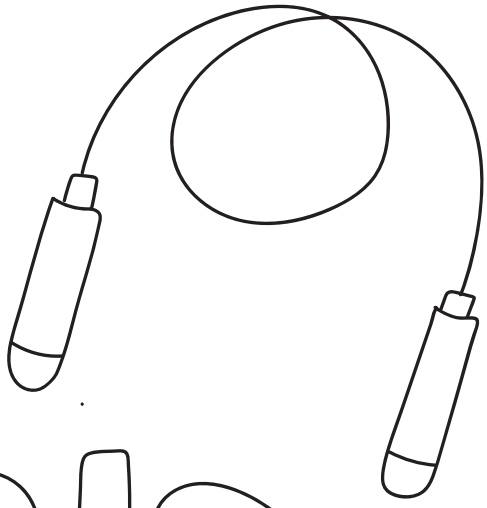
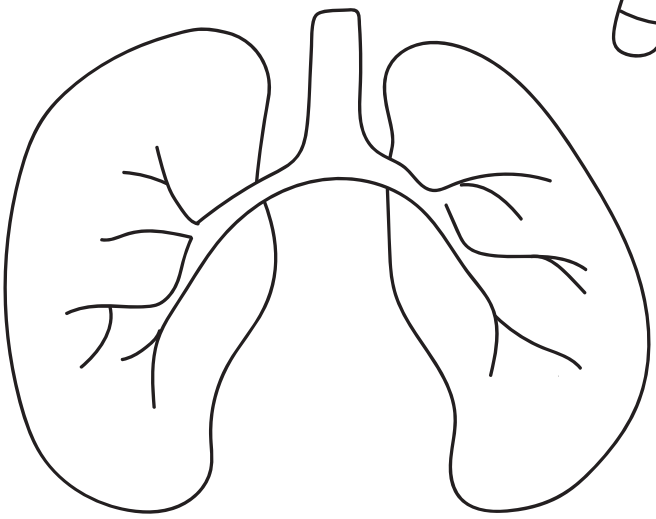
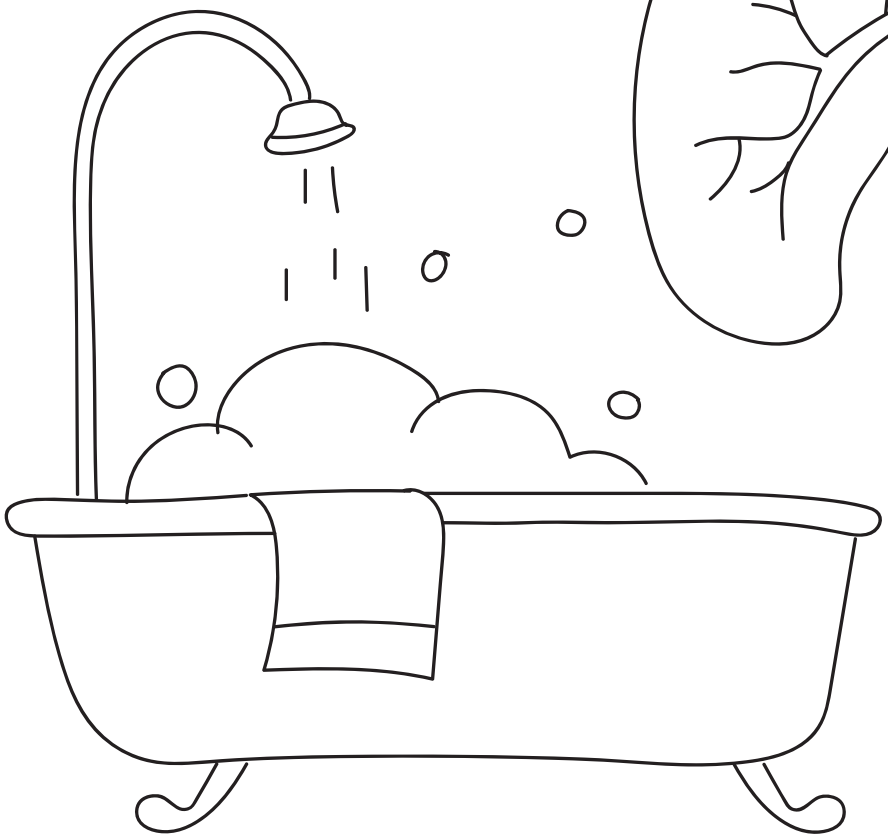
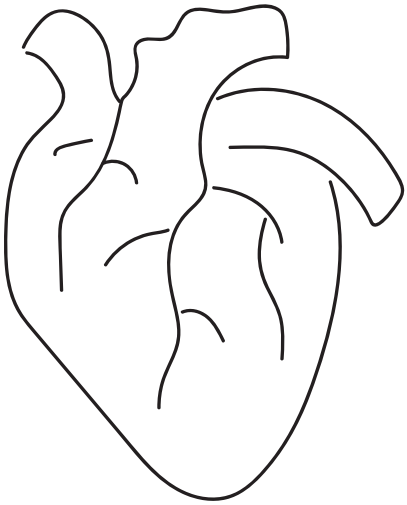
Activity
Colour me in!

Physical Activity and Increased Body Care