What Can We Do With Our Bodies

Lesson: What can we do with our bodies?

Date: As Used

Time: As Used

Class: Junior/Senior Infants

Strand: Myself

Strand Unit: Taking care of my body.

Materials Needed: 'Testing our Senses' game to introduce the lesson which is available on the Lunch Bag website (www.thelunchbag.ie), use the 'What can we do with our bodies' video as the lesson, play a game of 'I Spy' using the instructions from the Lunch Bag website as the assessment and the 'Colour me In' exercise sheet will conclude the lesson.

Learning Objectives

1. Understand the senses and what our bodies are capable of doing.
2. Be able to name parts of the body using appropriate anatomical terms.
3. Respecting his/her own body through understanding the roles of the different body parts.

Introduction/Stimulus

'Testing Our Senses' game from the Lunch Bag. This game is to test the students to gain prior knowledge of how well they understand their senses. It's a quiz whereby students are asked about which body parts are used for the different senses.

Development

- As the lesson, the students will watch the video 'What we can do with our bodies' from the Lunch Bag Website, in which;

- Hearing is the first sense that is introduced. The process of sound travelling into the inner ear and being processed by the brain is explained to students in an understandable manner with the help of Poe.
- Our sight is explored and the importance of light in order to see is explained to students.
- Smell is the third sense discussed. Students are educated on the use of our nose for the sense of smell.
- The importance of our tongues for our sense of taste is the fourth sense introduced.
- Finally, the 5th sense is our sense of touch. Children are educated upon the importance of our sense of touch to tell us if something is too hot or too sharp and how our sense of touch keeps us safe.

Conclusion

The 'Testing Our Senses' game is carried out again after the video to assess what the students have learned. The lesson is then finished by playing a game of 'Eye Spy' with the students and the completion of the 'exercise sheet'.

Assessment	'Testing Our Senses' game from www.thelunchbag.ie and a game of I Spy to use their senses.
Linkage	Safety and protection around understanding the body's senses and how we sense danger.
Integration	**Oral Language Skills:** - Receptive language skills from listening to and watching the video. - Expressive language skills through the 'Eye Spy' game. **Science** – Learning about each of our senses and why they are important. **Suggested Integration:** - **Irish** – Talk about the body parts used as Gaeilge. - **English** – Write a poem on the different body parts and what they do. - **Oral Language**: Have a quiz at the end of the week on the senses and see who can explain what they do.