

Poor Hygiene & Habits

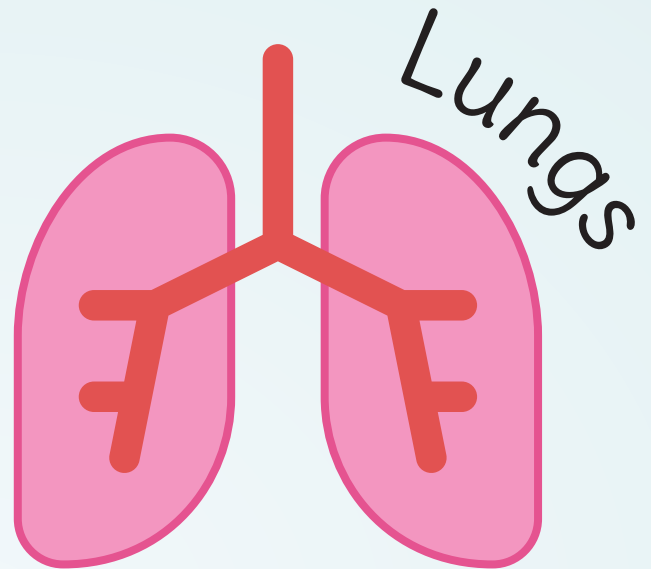


What are the effects of having poor Hygiene and poor Habits?

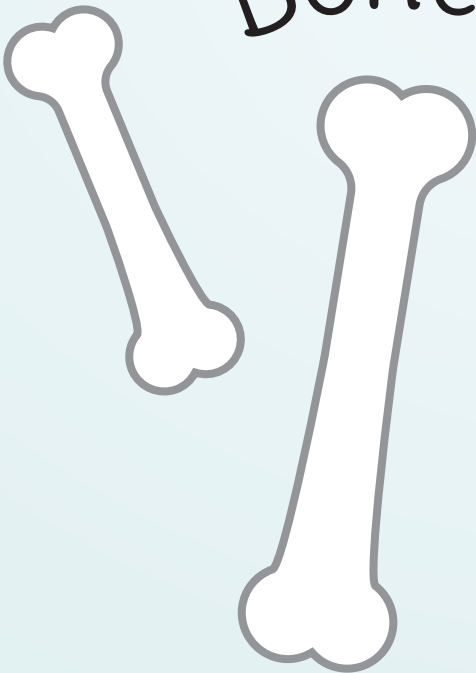


What are the effects of not doing enough exercise?

Heart



Bones

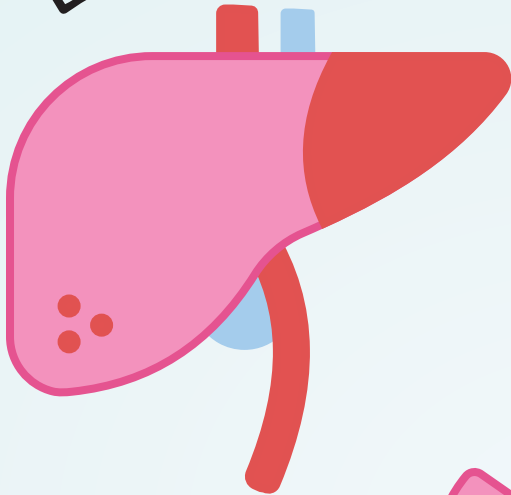


Mood

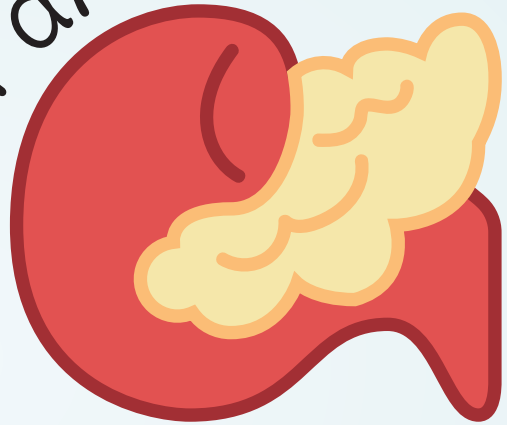


What are the effects of eating badly?

Liver



Pancreas

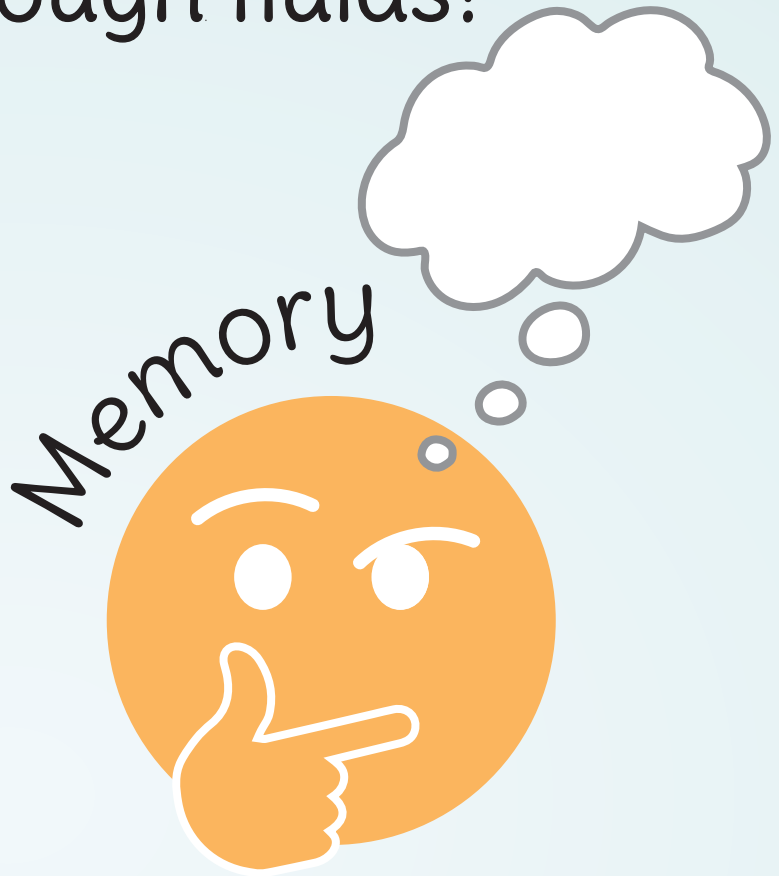


Stomach

Teeth



What are the effects of not drinking enough fluids?



What are the effects of having poor hygiene?

