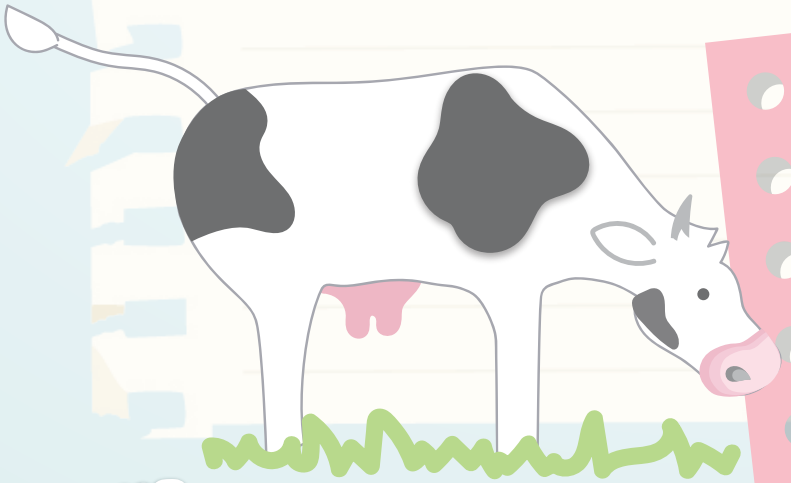
Foods that come from Plants and Animals

As a class, can you tell us which levels of the food pyramid come from plants and which come from animals?



Give 5 examples of foods that come from plants. Give 5 examples of food that come from animals!

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'Empowered, Educated Eating'

Plant or Animal??

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Plant or Animal??

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Plants	Animals
1	1 .....
2	2 .....
3	3 .....
4	4 .....
5	5 .....

Give 5 examples of foods that come from plants Give 5 examples of food that come from animals!

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