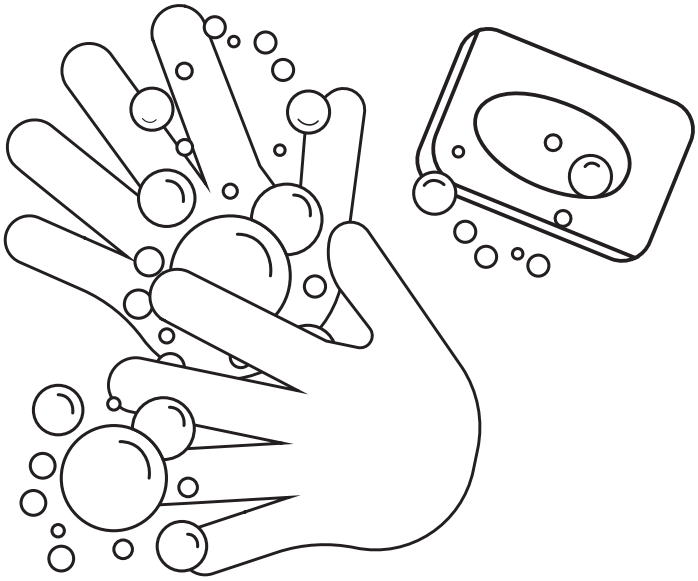
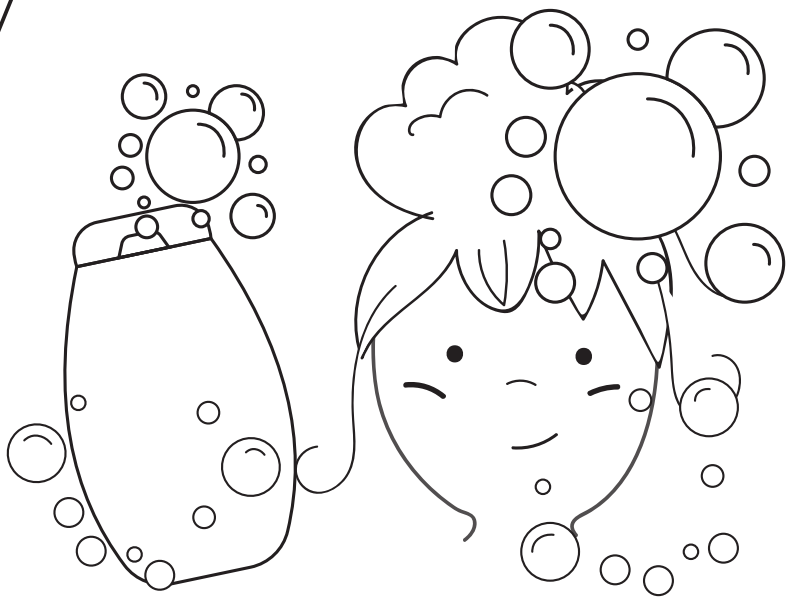
Hygiene skills

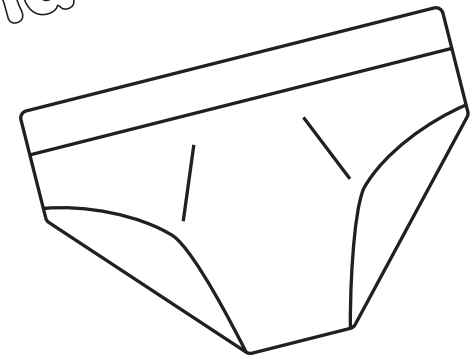
Wash hands

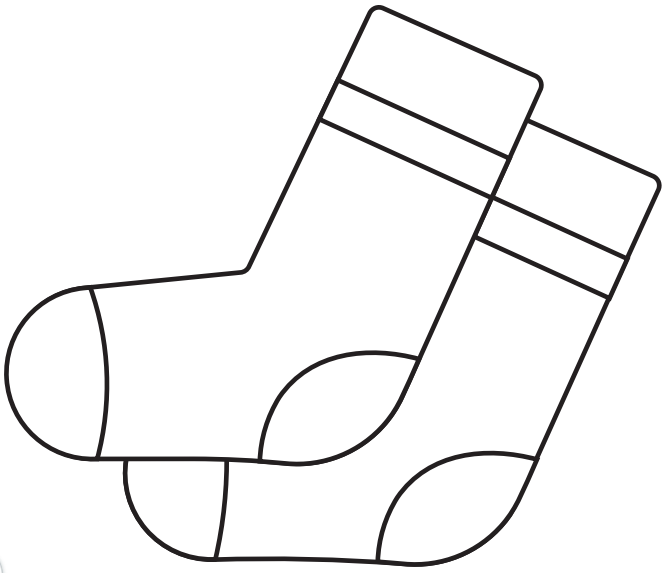


Wash hair



Change socks and underwear





THE LUNCH BAG

'Empowered, Educated Eating'