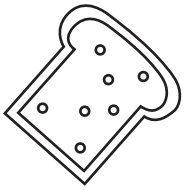
Importance of Food for Promoting Growth

What's the Irish word for these Lunch Bag Menu Options:

Apple . . . . . .

Butter . . . . . .



Bread . . . . . .

Orange . . . . . .

Chicken . . . . . .

Ham . . . . . .

Popcorn . . . . . .

Pancake . . . . . .

THE LUNCH BAG

'Empowered, Educated Eating'